



WHAT TO PACK IN YOUR DISASTER KIT/GO BAG:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio
- Flashlight/Headlamp with extra batteries
- First Aid Kit
- Whistle to signal for help
- N95 Mask to help filter contaminated air
- Plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food
- Local maps
- Prescription medications and glasses
- Medication (7 day supply) and medical items
- Batteries for medical devices
- Personal sanitation items

- Toilet paper
- Phone chargers/solar charger/backup battery
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash (small bills) and change
- Duct tape
- Emergency reference material such as a first aid book
- Sleeping bag or warm blanket for each person
- Friends and family members contact information - paper copy
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes
- Household chlorine bleach and medicine dropper – when diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Paper cups, plates, plastic utensils and paper towels
- Paper and pencil
- Books, toys, games, puzzles - comfort items for children (stuffed animal)